



Counseling and Health Center, Kyushu University
Division of Student Counseling

Counseling for International Students in English and Chinese

Living and studying in a different culture is not always easy. You could sometimes encounter unexpected situations. At such times it can be beneficial to have someone who can help you to understand and deal with your situation.

The Division of Student Counseling, Counseling and Health Center offer counseling in Japanese, Chinese, and English. For Chinese speakers, we have two native Chinese counselors who are licensed Clinical Psychologists in Japan, and are themselves former students of Kyushu University. For English speakers, we have two Japanese licensed Clinical Psychologists who have experience of counseling in English.

You can seek counseling (for yourself or on behalf of your family members) for issues such as:

- *Not being able to adjust to Japanese culture;
- *Feeling homesick;
- *Human relations problems related to teachers and other students;
- *Communication difficulties with your teachers and lab members;
- *Stress related issues leading to physical illness
(including inability to sleep, loss of appetite, difficulty in studying, etc.);
- *Campus life issues not covered by the International Student and Researcher Support Center.



Counseling is available at the following places and times:

Ito Campus Center Zone Call: 092-802-5881

Big Sand 2F(LAWSON 2F). Counseling and Health Center

Mondays	11 a.m. to 4 p.m.:	Ms. Sakaki (Counseling in English)
Tuesdays	11 a.m. to 5 p.m.:	Mr. Shirouzu (Counseling in English)
Tuesdays	12 p.m. to 5 p.m.:	Mr. Takamatsu (Counseling in English)
Wednesdays	10 a.m. to 4 p.m.:	Mr. Jiang (Counseling in Chinese)

Ito Campus East Zone Call: 092-802-6480

East Zone 1 B-202. Campus Health Support Room

Wednesdays	11 a.m. to 5 p.m.:	Ms. Gu (Counseling in Chinese)
Thursdays	10 a.m. to 5 p.m.:	Ms. Takano (Counseling in English)

Ito Campus West Zone Call: 092-802-3297

West Zone 3 3F. Counseling and Health Center Ito Campus West Zone Annex

Mondays	11 a.m. to 5 p.m.:	Ms. Miyahara (Counseling in English)
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Hospital Campus Call: 092-642-6889

Building of Administrative Offices 1F. Counseling and Health Center Hospital Campus Annex

Wednesdays	9:30 a.m. to 5 p.m.:	Ms. Takano (Counseling in English)
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International Student Center

Center Building 5 7F Mail: takamatsu.satoshi.098@m.kyushu-u.ac.jp Mr. Takamatsu (Counseling in English)

To get enough time for counseling, please make an appointment in advance.

You could also just drop by. You can make an appointment at the counter directly or by phone in Japanese. If it is difficult for you to make an appointment in Japanese, please ask the International Student and Researcher Support

Center for assistance.