



Counseling for International Students in English and Chinese

Living and studying in a different culture can be challenging, and you can sometimes encounter unexpected situations. At such times it can be beneficial to have someone who can help you to understand and deal with your case. The Center for Health Sciences and Counseling offers counseling in Japanese, Chinese, and English. For Chinese speakers, we have two native Chinese counselors who are licensed Clinical Psychologists in Japan. For English speakers, we have three licensed Clinical Psychologists who have experience in counseling in English.

You can seek counseling (for yourself or on behalf of your family members) for issues such as:

- *Not being able to adjust to Japanese culture.
- *Feeling homesick.
- *Human relations problems related to teachers and other students.
- *Communication difficulties with your teachers and lab members.
- *Stress-related issues leading to physical illness
(Including an inability to sleep, loss of appetite, difficulty in studying, etc.).
- *Any other Campus life issues.



Counseling is available at the following places and times:

*Ito Campus Center Zone Call: 092-802-5881

Big Sand 2F (the same building as the 7-Eleven, upstairs.), Center for Health Sciences and Counseling.

Mondays	11 a.m. to 5 p.m.:	Ms. Miyahara (Counseling in English)
Mondays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
Wednesdays	11 p.m. to 5 p.m.:	Mr. Takamatsu (Counseling in English)
Fridays	10 a.m. to 4 p.m.:	Ms. Sakaki (Counseling in English)
Fridays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)

*Ito Campus East Zone Call: 092-802-6480

East Zone 1 B-202. Campus Health Support Room

Mondays	10:30 a.m. to 4:30 p.m.:	Ms. Gu (Counseling in Chinese) (※Every other week)
Thursdays	10:30 a.m. to 4:30 p.m.:	Ms. Gu (Counseling in Chinese)

*Ito Campus West Zone Call: 092-802-3297

West Zone 3 3F. Center for Health Sciences and Counseling Ito Campus West Zone Branch

Mondays	11 a.m. to 5 p.m.:	Mr. Takamatsu (Counseling in English) (※Every other week)
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*International Student Center Mail: huang.zhengguo.702@m.kyushu-u.ac.jp

Center Zone 5 7F

Thursdays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
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To get enough time for counseling, please make an appointment in advance.

You can make an appointment at the counter directly or by phone in Japanese. If it is difficult for you to make an appointment in Japanese, you can apply from the web reception form: <https://chc.kyushu-u.ac.jp/~webpage/index.html> (you can find the English or Chinese version).