



Counseling for International Students in English and Chinese

Living and studying in a different culture can be challenging, and you can sometimes encounter unexpected situations. At such times it can be beneficial to have someone who can help you to understand and deal with your case. The Center for Health Sciences and Counseling offers counseling in Japanese, Chinese, and English. For Chinese speakers, we have two native Chinese counselors who are licensed Clinical Psychologists in Japan. For English speakers, we have three licensed Clinical Psychologists who have experience in counseling in English.

You can seek counseling (for yourself or on behalf of your family members) for issues such as:

- *Not being able to adjust to Japanese culture.
- *Feeling homesick.
- *Human relations problems related to teachers and other students.
- *Communication difficulties with your teachers and lab members.
- *Stress-related issues leading to physical illness
(Including an inability to sleep, loss of appetite, difficulty in studying, etc.).
- *Any other Campus life issues.



Counseling is available at the following places and times:

***Ito Campus Center Zone Call: 092-802-5881**

Big Sand 2F (the same building as the 7-Eleven, upstairs.), Center for Health Sciences and Counseling.

Mondays	11 a.m. to 5 p.m.:	Ms. Miyahara (Counseling in English)
Mondays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
Wednesdays	11 p.m. to 5 p.m.:	Mr. Takamatsu (Counseling in English)
Wednesdays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
Thursdays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
Fridays	10 a.m. to 4 p.m.:	Ms. Sakaki (Counseling in English)
Fridays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)

***Ito Campus East Zone Call: 092-802-6480**

East Zone 1 B-202. Campus Health Support Room

Tuesdays	10:30 a.m. to 4:30 p.m.:	Ms. Gu (Counseling in Chinese)
Wednesdays	10:30 a.m. to 4:30 p.m.:	Ms. Gu (Counseling in Chinese)

***Ito Campus West Zone Call: 092-802-3297**

West Zone 3 3F. Center for Health Sciences and Counseling Ito Campus West Zone Branch

Mondays	11 a.m. to 5 p.m.:	Mr. Takamatsu (Counseling in English)
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***International Student Center Mail: huang.zhengguo.702@m.kyushu-u.ac.jp**

Center Zone 5 7F

Tuesdays	10 a.m. to 5 p.m.:	Mr. Huang (Counseling in Chinese)
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To ensure we have enough time for your counseling session, please make an appointment in advance.

You can book an appointment either in person at the reception desk or by phone (in Japanese). If making an appointment in Japanese is difficult, you may also use the online appointment form on the Center for Health Sciences and Counseling website, where English and Chinese versions are available.